

Download Self Study Guide For The Muscular System

Start studying Muscular System Study Guide & Notes. Learn vocabulary, terms, and more with flashcards, games, and other study tools. Muscular System Self Study Guide; Christi D. • 52 cards. Describe the 6 basic functions of muscles in the human body. Movement-muscle contractions pull on tendons and move bones . Posture and Body Position - without constant muscle tension, you can't sit upright without collapsing or stand without ...Muscular System study guide. A motor unit is one nerve fiber and all the muscle fibers it innervates - Muscles that have to make delicate or fine movement have a low motor unit - Large muscles generally have a high motor unit. With a low motor unit, the nerve fiber innervates only one or a few muscle fibers - With a high motor unit, ...Quizzes on the muscular system. There's a lot to learn when it comes to the muscular system, including not only the location of every muscle, but also their actions, and their origins and insertions. Each of the following quizzes include 15 multiple-choice questions on the muscles of a specific area of the body.